

# Marc's story: Raising awareness of elevated Lp(a) in cardiovascular disease

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Having elevated levels of lipoprotein(a), or Lp(a) for short, increases a person's chances of having a cardiovascular event such as a stroke or a heart attack.

It was after having two heart attacks at a young age that Marc – a seemingly healthy father of three – learned he had elevated levels of Lp(a). Lp(a) is a type of fat particle, and its levels are genetically predetermined. Approximately one in five people worldwide have elevated levels of Lp(a) but won't know unless they get a routine blood test as part of general heart health checks.

Here, Marc highlights how he did not fit the typical profile of someone at risk of heart disease and his subsequent search for answers. Marc's story also highlights the impact that discovering his elevated Lp(a) had not just on him but on his family as a whole.

Read Marc's full story [here](#) and learn more about Lp(a) [here](#).

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