

Unblocked Heart Health

Take control of your health and empower yourself with knowledge. Discover the tools and information you need to spread awareness about cardiovascular diseases and make a positive impact on your heart health. Let's work together to drive action and inspire behavioral change for a healthier heart.

Lowering LDL-c is crucial after a heart attack or percutaneous coronary intervention

Low-density lipoprotein cholesterol (LDL-C) is often called the “bad” cholesterol. When you have too much LDL-C in your blood, it can combine with fats and other substances to build up in the inner walls of your arteries, creating a thick, hard substance called plaque. The arteries can become clogged and narrow, and blood flow is reduced...

[Learn More](#)

Source URL: <https://prod1.novartis.com/ph-en/patient-resources/unblocked-heart-health>

List of links present in page

1. <https://prod1.novartis.com/ph-en/ph-en/patient-resources/unblocked-heart-health>
2. <https://prod1.novartis.com/ph-en/ph-en/stories/lowering-ldl-c-crucial-after-heart-attack-or-percutaneous-coronary-intervention>