



EUROPEAN  
PATIENT  
INNOVATION  
SUMMIT

# Recommendations for widespread use of digital technologies to transform the lives of patients with chronic conditions

The European Patient Innovation Summit (EPIS) is a platform for European patient advocates to discuss all aspects of digital health.

EPIS 2018 focused on defining which digital technologies have the greatest potential to empower patients and what actions patient advocates can take to ensure the early adoption of the most relevant technologies.

EPIS 2018 connected **more than 270** European patient advocates from different disease areas who reached consensus on the recommendations below.

## The European patient community perspective on digital technologies



There is a need to build an evidence base to **demonstrate the impact of new technologies** on patients' health and wellbeing.

**92%** agreed  
163 voted



Patients should be **involved in all stages of the development of digital technology** aimed at empowering them.

**85.5%** agreed  
166 voted



Patients with chronic conditions, regardless of their digital literacy, economic level, education or disabilities, should have **access to technologies** that improve their health and wellbeing.

**93%** agreed  
157 voted



Patients' **concerns about digital technologies** (e.g. security and data protection) **need to be addressed** to encourage their use.

**93%** agreed  
158 voted



**Healthcare professionals** need to be **aware of digital technologies**, to see their value for patients, and **encouraged to use them**.

**90.9%** agreed  
154 voted



**Multi-stakeholder and industry alliances** should be **established** to avoid duplication and ensure patient relevant digital technologies are developed in an efficient and effective way.

**87.2%** agreed  
172 voted

EPIS participants also took part in breakout and live voting sessions to build a series of recommendations on the adoption of the technologies that can have the biggest impact on transforming the lives of people living with a chronic condition.

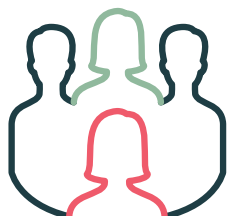
## EPIS participants voted to identify:

### 1. The most impactful digital technologies with the greatest potential to empower patients\* (176 voted)

- 15.9% Electronic patient records
- 14.2% Big data / Artificial Intelligence
- 12.5% Devices to support independent living



### 2. Top actions that patient advocates should take to ensure widespread adoption of these technologies\* (154 voted)



- 21.4% Patients not only users but lead development
- 16.9% Educate patients how to use technologies
- 15.6% Sharing best practices among PAGs

### 3. Key success factors to ensure adoption of these technologies\* (161 voted)

- 26.1% Ensure technologies provide tangible benefits for patients
- 23.0% Engagement of patients in co-creation process
- 12.4% Availability of user friendly technologies



\*Further information on the digital technologies, actions for patient advocates and success factors can be found in the Position Paper and local infographics.